



Institute for Behavioral Genetics

UNIVERSITY OF COLORADO BOULDER

The Colorado Adoption/Twin Study of Age-Related Behavioral Development (CATSLife) is a prospective study of aging and health in adults. The study began in 1994 and has followed three groups of adults from their late 20s through their 70s. The study has been funded by the National Institute on Aging (NIA) since its inception. The study's goal is to understand how genetic and environmental factors contribute to the development of age-related diseases such as Alzheimer's disease, heart disease, and stroke. The study also aims to identify risk factors for these diseases and to develop interventions to prevent or delay their onset. The study uses a variety of methods to collect data, including questionnaires, physical exams, and genetic testing. The study has already made significant contributions to our understanding of aging and health, and it continues to do so.



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Meet the rest of the team and learn more about CATSLife at  
[behavioralgenetics.colorado.edu/catlife/](http://behavioralgenetics.colorado.edu/catlife/) or [www.coloradoresearcher.com](http://www.coloradoresearcher.com)

## CATSLife (CAP & LTS) Newsletter February 2018

### CATSLife

Late Adulthood

Early Adulthood



Middle Adulthood

late Adulthood



The first prospective study on cognition

## ANNOUNCEMENTS



### CATSLife FAQs



#### What tests are run on the blood samples?

Tests include routine health-related components such as total cholesterol, LDL and HDL cholesterol. We are also testing for less well-known components (e.g., fibrinogen, C-reactive protein, C6 complement factor), genotyping, and we are preparing for

#### Can I see my blood test results?

We do not provide individual results as the primary purpose is to increase scientific knowledge. The samples are used for many things and would not contain cholesterol for example.

